



Thanet Gymnastics Club - Health and safety Policy

Thanet Gymnastics provides and maintain and safe, healthy working environment for all While TGC takes reasonable steps to ensure the health and safety for all members and volunteers it is also the responsibility of the members and volunteers themselves. It is a duty of each member/ volunteer to take responsible care of their own and other people's health and safety to report any situation which may pose a serious or imminent threat to the wellbeing of themselves or others. Disciplinary action may be taken against any members who violates health and safety regulations and procedures depending on the seriousness of the offence.

COMMITTEE HEAD COACH and **WELFARE OFFICER** have the responsibility for health and safety.

When a member or volunteers notices a health and safety concern, they must immediately tell one of the above persons. General risk assessments should be regularly performed (medium-high) risk

Training members are trained within a program that is relevant to the jobs being performed including safe instruction use of equipment and good coaching practice

Attend all necessary Health and safety / Welfare training through British gymnastics in accordance with their coaching qualification. Training - To ensure all members / volunteers are familiar with the policy and attend training when necessary

Members at special risk - TGC recognises from time-to-time increased risk or ill health requires them to be inform ie Head Coach / Chairperson to be aware of changes in personal circumstances which could result in their being a increased risk which could include medial conditions taking medications and pregnancy.

Dangerous Substances - Must not be left unattended and stored in the correct place

(not near a source of heat)

Cleanliness - clean up spillages, to be aware of good practice regarding infectious diseases.

Accessibility - Ensure clear access and fire exits

Maintenance - Regularly check premisses for structural worn fixture fittings or equipment and take necessary action

Personal Health and Hygiene - TGC has a strict no smoking / vaping, to ensure clean hands and good hygiene are demonstrated.

Visitors - Ensure visitors are recorded coming in to the club

Reporting - Staff - To report incidents within 5 days

To complete a log/record of the incident and report to the Welfare Officer Head Coach and Committee

If something happens that did not result in injury but clearly could off it should be reported and is the responsibility of Head coach Welfare and Committee to ensure that this risk assed immediately.

We therefore ask you do not take unnecessary risks, if something is heavy or is in unexpectedly in a inappropriate place and needs moving please first assess risk and then ask for help for guidance or support in the task itself if possible